# Program plan

Date: July 8

### Taekwondo class with 'Taegeukhoe'

### 1st class(10:00-11:40)

#### Introduction

Begin with self-introductions and an explanation of the program's purpose, encouraging open communication with the students

### •Introduction to 'Taegeukhoe' and Taekwondo

Introduce Taegeukhoe, the Taekwondo club at Chungbuk National University, as well as Taekwondo, Korea's traditional martial art.

### 2nd class(13:00-14:00)

# 1st day (7/8)

# •Taekwondo uniform fitting and Taekwondo basic kicking class

After changing into a Taekwondo uniform, students will learn basic Taekwondo kicks: the 'front kick' and the 'round kick'.

## Last class(14:30-16:00)

# •Experience traditional Korean Games

Try traditional Korean games featured in popular dramas like *Squid Game*, such as 'Red Light,' Flying Stones, and Gonggi (Pebble Toss).

## •Experience Modern Korean Games

Play the 'Apartment' game and explore modern games popular in K-pop, including ROSE-APT.

\*We would appreciate it if you could provide a space with a flat, step-free floor and a movable desk.